



# Garmin instinct 2 solar battery life

How long does a Garmin Instinct 2 solar last?

The Garmin Instinct 2 Solar is a standout option for anyone needing a watch to last for days at a time. With a stated GPS battery life of 30 hours, it packs more than enough battery life for most adventures. The biggest feature of the Instinct 2 Solar's battery life is its ability to charge through the watch face when the sun is out.

Is Garmin Instinct 2 solar a good watch?

... The Garmin Instinct 2 Solar is a relatively affordable gateway into the world of rugged outdoor sports and fitness watches, with incredible battery life and a lengthy list of features.

How much does a Garmin Instinct 2 solar cost?

The Garmin Instinct 2 Solar costs \$449.99/£389.99/EUR449.99 for the model with 45mm that I tested. This is a competitive price for the feature set that pitches itself directly at outdoors people who might want something a little more capable than an Apple Watch, and with a solid month of battery life.

Does Garmin Instinct 2 have a body battery?

The Instinct 2 series now offers Garmin's full suite of health and wellness features - Body Battery, Sleep Score, Advanced Sleep Monitoring, Menstrual Cycle Tracking and Stress Tracking. We found the Body Battery feature - which measures your overall energy levels each day and gives this as a score out of 100 - to be particularly useful.

How long does the Instinct 2 battery last?

With a claimed 30 hours in standard GPS mode, the Instinct 2 does not have the battery life of the high-end models that boast 100+ hours on a single charge while using GPS. Instead, the Instinct shines for those users not planning on epic GPS recording activities where conditions are variable.

Should you buy a Garmin Instinct 2?

If you're not convinced, the Garmin Instinct 2 (non solar version) costs only £219.99 and is, perhaps, a better option. Having said all of this, the Garmin Instinct 2 has a lot going for it. It's a neat'n'nifty watch with a bombproof, adventure-ready design.

The Instinct 2 Solar has pretty solid battery life, particularly considering the price point. Garmin state the following official stats: 28 days in smartwatch mode (65 days in battery saver mode, unlimited with solar); 30 hours in full GPS mode ...



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