

# Average residential ESS price per 50MW in Finland

What is a Finnish electricity plan?

Most Finnish households have an electricity plan that is closely linked to the current spot price, as displayed on this page. These plans allow consumers to benefit from fluctuations in electricity prices, which vary from hour to hour.

Which appliances use the most electricity in Finland?

Heating certainly uses the most electricity, closely followed by hot water and charging electric cars. Electrical appliances such as TVs, mobile phones and computers use very little electricity in relation to heating. Electricity spot prices in Finland today, hour by hour. Including prices for the last 30 days.

Does Finland have a power market?

Additionally, Finland is part of the Nord Pool, a regional power market that includes other Nordic countries and parts of Europe, and electricity prices in Finland can be affected by market conditions in the wider region. 19/08/2025 day-ahead!

What is the primary source of electricity in Finland?

The primary source of electricity in Finland is nuclear power, which plays a pivotal role in the nation's energy strategy. Nuclear energy offers a reliable and low-carbon source of electricity, aligning with Finland's commitment to environmental responsibility and greenhouse gas reduction.

Does Finland have a smart meter?

In line with European Union regulations, Finland has achieved a significant milestone in energy management by installing smart meters in 100% of households. These advanced meters measure electricity usage every hour, providing precise and real-time data.

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